

Zinger Baseball Performance Center Youth Training Program (May 28th – Aug 2nd) Summer 2024 Information

To prospective players and parents,

Let me start by saying thank you for your interest in our training platform for the 2024 Summer. I have included the schedule and Sign up form with this letter and will try and cover some of the high points here.

Our Youth (10U – 14U) Program will run for 10 Weeks beginning the week of May 27th.

Each player in the Training Program will be trained in our indoor Hitting and Pitching facility for 90minutes daily. The 90 minutes will be broken into 45 minutes of baseball skills (with a big focus on hitting) along with a 45 minutes of a strength and agility program that will include daily arm care. Players will be assigned to a small group of 10 or less for Monday through Friday training.

Kevin Bay, Owner of Hybrid Baseball, has come on full time to run the Strength Program. He trains only baseball players, and his program focuses specifically on movements that are related to the game. He brings with him an impressive resume of MLB and MiLB players that he has as clients, as well as countless high school and college players. This will be an introduction for your son to the way that our High School, College and Pro players train. Exercises will be age-appropriate and focus on med-ball, body weight and isometric lifts.

Training for the entire summer will be \$1,200 for 5 days a week (47 Days)

3 Days a Week for the 10 Weeks (Mon / Wed / Friday) - \$850 (28 Days)

2 Days a Week for the 10 Weeks (Tuesday / Thursday) - \$600 (19 Days)

We understand that it is the Summer and these are kids so the Full Package will probably not be for everyone. Here are the other ways you are able to participate:

4 Week (or more) Packages – 5 Days/Week are \$150/week

4 Week (or more) Packages – 3 Days/Week are \$100/week

4 Week (or more) Packages – 2 Days/Week are \$75/week

Individual Weeks (less than 4 weeks) – 5 Days/Week are \$200/week

Individual Weeks (less than 4 weeks) – 3 Days/Week are \$130/week

Individual Weeks (less than 4 weeks) – 2 Days/Week are \$90/week

****Week of 5/27 and week of 7/1 are short weeks because of the holidays and will be pro-rated for any of the “weekly” plans. Those days were already adjusted for on the Full Summer plan****

Because of the demand for our High School and College Program we have taken longer than expected to roll out this information to the public, but we have been talking about it for a couple weeks. That has caused some pent-up demand and I believe that this Program is going to fill up very quickly! We are only having (2) groups per day of 10 players maximum per group.

Available Times:

2:00pm to 3:30pm – 10U to 12U – 10 Spots Available Daily

3:30pm to 5:00pm – 13U/14U – 10 Spots Available Daily

We are going to do our best to split the groups into an older and younger group (based on the times above). Within those 10 players we will also split them into 2 groups of 5 on a daily basis with at least one coach working with the 5 athletes at a time. Half will focus on baseball activities while the other half works on training – and then they switch at 45 minutes. We may deviate slightly from this, but do not want to have a player in the older group that is not physically capable of keeping up with the older kids. If you have questions, please feel free to reach out to me. So just know that when your son is being assigned a time it will be based first on age.

ZINGER PROSPECTS (Teams)

We will be participating in events at the 15U level for the Summer. This Youth training program does not include any games. For any players that can play at the 14u/15u level and would like to be considered for games this Summer, you can let us know and we will see what we can do. Also, we will most likely schedule some field time and offer some additional “clinics” for position specific work. These clinics will most likely carry some nominal additional charge and will be completely optional of course.

For the Fall we will have Zinger teams for all age levels. Participating in this Training program will not guarantee you a spot on any particular team for the Summer, and not participating will in no way be held against you. We simply are looking for kids that want to train and get better this Summer!

HOW DO I GET INVOLVED – NEXT STEPS:

There is a Player Sign Up Form included in this package. Fill it out as completely as possible and email it to Scott Hanish at Zinger (info on form). When your form is received, I will verify that we have availability for what you have selected and will email you a Square invoice for payment. Once payment is made your spot will be locked in on the schedule. Priority will be given first to people doing the Full Summer program or multiple weeks (4+) before I will start putting in individual weeks initially (probably will start adding weekly requests on 5/23)

FINAL THOUGHTS:

This program is meant to be somewhat intense. It is for players that want to dig in and really put in the work this Summer to get better. Think of it as a Baseball Academy more than a Travel Team or Training facility. There will be no “attendance” taken and we will not have any issue if you miss workouts or training. You know your body and some days you will need to take a day off. That is OK. We will be here to push you as much as you want to push yourself. Please reach out to me with any questions. Thanks!

Scott Hanish

CEO/Owner – Zinger Bat Company and Zinger Baseball Performance Center

scott@zingerbats.com

602.980.3155 - Cell